



## YOUR TYPE

Your type is the role you have been asked to play in this lifetime. It represents the general purpose that your energy blueprint is designed to provide. Your type energetically interacts with the rest of humanity in a geometric way. At a high level, it defines whether you are here to do work, to guide and lead, to manifest or to reflect. There are 5 types in the human design system. **Realize that you can manifest successfully and create a life of peace and balance whatever your design, provided you live out your type and follow your strategy.**

### [Chart Human Design Types](#)

## Manifesting Generator

You are a Manifesting Generator. You are here to work. You have been given the design to have that powerful sacral motor churning out energy within you. You are here to work and to do things. You have sustainable energy. It is born each day, runs all day and burns out at night. You have a limited amount of ability to go out and create so be careful not to fool yourself into thinking you are a Manifestor. You have a lot of energy to express, but make sure you do it in response not through pure initiation. There are many types of work. Find work that is inspiring to you.

## YOUR STRATEGY

For each of the 5 types in Human Design there is a corresponding strategy. This is all about geometry and interacting properly with the flow of the energy of the universe, you and other beings. It is by following your strategy that you can maximize the positive results and minimize the drawbacks. The universe is energetic and the flow of opportunity and interaction is influenced by type. Strategy is important in every day life, but especially important for major decisions such as changes in your personal relationships, career, or residence. It is also critical to follow your strategy with commitments to projects or any major investment of your time.

## Respond, envision, reprocess, inform, act.

You are a Manifesting Generator, but at the heart of it you are a Generator. You have the powerful sacral motor to move you through whatever work or play you choose to do each day. You also have manifesting energy for the initiation of ideas, projects or creations. Because your Generator energy dominates, your key strategy is to respond to things that appear in your reality rather than initiate on your own. This can present frustration at times, because you just want to see your ideas manifested - now! While you do have the ability to initiate on some level, it is by waiting to respond to needs in front of you that you will be most successful.

For example, what you respond to needs to be more direct than an inspiration from something you read or see on TV. Perhaps that is where the idea starts, but then you must experience this inspiration as an immediate need of the world around you. Maybe you see a news clip about natural health on TV and start to think about a new profession. If no one around you is presenting a need for

natural health therapies, then this is a sign that you haven't found quite the right inspiration. Or perhaps it's just not time. On the other hand, if multiple people say, "oh yes, I would love for you to help me with my ailments!" and maybe a friend mentions that you would be great as a natural health practitioner, then you have lots of signs giving you a green light!.

When you are responding, make certain the passion is coming from the core of your soul. When you do take initiative, make sure you are informing others of what you are doing, because you have a tendency to just go off and do something leaving others wondering what's going on. As a Manifesting Generator, you can blur the lines between responding and initiating. Beware not to fall into the trap of initiating (manifesting) all the time, because you are not a pure Manifestor. Live this strategy and you can do anything!

## YOUR PROFILE

Your profile describes character traits to your personality. Are you social, investigative, experimental, a hermit, projective or a role model. You have two of these defining traits which will influence how all of your actions, expressions and interactions are done. Beyond your type, your profile is the second biggest force in influencing your design. Your profile is derived from two numbers called lines that come from the gates in your sun and your earth. Lines are a subset of the gates of the I'Ching where each gate is divided into 6 lines.

### 5/1 Heretic/Investigator

The fifth line of your profile is a projective line and you have a projected field around you, meaning that your 5th line energy is outwardly expressed. This acts like a magnetic force that carries your energy out to people and can draw people in. But like a mirror this energy that is projected out can also be reflected back upon you by people you encounter. If you have sexual energy in your chart you can be accused of flirting even if that is not on your mind. If you have the energy of opinions, you can be judged as opinionated without saying anything. If you have an undefined G center, people may say "You don't really know who you are" even though you may feel grounded. Look at the energy in the rest of your report. At some point have you felt any of the energies projected back on you? Because of this projection you will at times need alone or down time to get out of the field of projection. Take care of yourself and honor your need to be alone some of the time.

The first line of your profile is a foundational investigator. You are a person who will ask a lot of questions. You need to have a solid understanding of the details before you can proceed. This need to understand provides an underlying feeling of comfort. When you understand it all you are comfortable and when you don't there is the nagging drive to find out. If you are learning a new profession, you will get all the books, take as many courses as you can and feel you need to know it all before starting to take clients or customers. If you are planning a trip you will be driven to investigate it in great detail including ways to get there, what to do, places to stay, etc. The 1st line gathers all this information and applies it to themselves. How does this affect me? How does this change what I am going to do? Am I comfortable doing this now that I know all about it?

## **YOUR UNDEFINED CENTERS**

Your open centers are unlimited in the way they can experience energy for that center. You do not have your own consistent energy for these centers but you can amplify these types of energy from around you. Through these centers you are empathetic to those around you. An undefined Solar Plexus Center can feel the happiness or sadness of another. The undefined Spleen Center can feel ill health. Through this experience of empathy and amplification you are designed to become extremely wise about these centers as you can experience all the shades of the energy coming through.

### [Map of Centers](#)

#### **Head**

You have an undefined Head Center. Along with 7/8 of the population, you are unlimited in how you experience ideas and inspirations. You may lose your focus with your own ideas, especially when influenced by other people. For example, it could be a struggle to find something you really want when looking at a menu in a crowded restaurant, well it all looks good! Make sure the ideas and inspirations you embrace and work with are your own and feel right over a period of time. You may come under pressure to find the answer to questions. This can include anything from "what was the name of that actor?" to "what do I want to do with my life?" Make sure the questions you are answering are a priority for you and not someone else in your life. Are you still trying to answer other peoples' questions?

#### **G-Identity**

You have an undefined G-Identity Center. You are unlimited in how you identify yourself and can relate with all kinds of people. You may struggle to "find yourself" simply because it's hard for you to define who you are. Your sense of self may be inconsistent and you may be constantly changing your view of who you are. If your world is impacted by events around you, it may take time to come back to center and feel comfortable. At times you may feel unduly influenced by others. At times, you may question your lovability. A strategy for the open G-Identity is to spend time with loving people whom you honor, admire and can help you to align your identity with higher energies.

#### **Heart-Will**

You have an undefined Heart-Will Center. You are unlimited in the way you experience will power, but are inconsistent with this energy and may lack the ability to get things done by pushing through with your will. You can increase your will power by amplifying someone else's will power energy, but the better option is to succeed by using your Human Design type and strategy. This is also the center of the ego and you may occasionally suffer from feeling unworthy. You may struggle to value your contributions and charge a fair amount for your services. If you're overexerting your will power, the question to ask yourself is, "What am I trying to prove?" You are here to be truly wise about what's valuable and to show others that there are more effective ways to manifest than by pushing with will alone.

#### **Solar Plexus**

You have an undefined Solar Plexus Center. You can experience emotions in an unlimited fashion. These emotions are generally from people around you, because your own your emotions are steady. If you view yourself as an emotional person, take a look at the people around you as you may be picking up on their emotional waves. Your strategy is to be a screen and acknowledge the emotions you are experiencing, but don't be a sponge and soak them up. If the emotional energy becomes too much, take some alone time to rebalance yourself.

**Spleen**

You have an undefined Spleen Center. You have an unlimited ability to understand intuition. You may experience time in unlimited and undefined ways. You may lose track of time, having 15 minute conversations that last 2 hours. It is likely that you struggle with being on time, either watching the clock like a hawk to ensure timeliness, being extremely early to everything or always being late. You may also be vulnerable to sudden rashes of fear, because this is the center for survival based activities driven by fear. An undefined spleen can be a great asset to a hands on energy worker, drawing on universal energy and amplifying it with your open spleen center. Your immune system has an inconsistent supply of energy and is more vulnerable. As a result, you are likely to be sensitive to everything happening in your body. Sometimes people with undefined spleens can be viewed as hypochondriacs, but in truth, you are just more sensitive to the inner workings of your body.

## YOUR DEFINED CENTERS

Your defined centers are the shapes in the chart, the squares the triangles and the diamonds that are colored in. Through these defined centers you have access to your own consistent energy. Because the center is defined, you will experience the energy from each center with a familiar pattern. It may not always be the exact pattern as described, but the description is to give you a flavor of how that energy will come to expression.

### [Map of Centers](#)

#### **Ajna**

You have a defined Ajna. The Ajna center determines how you store data and how you approach process. With a defined Ajna you may be able to store large amounts of data, sometimes to the extent of overwhelming and trivial detail. The Ajna also controls your approach to process. You have a set way for how you process things and do activities. You may tend to always do chores such as laundry, folding your clothes or your morning routine in a precise manner. You may struggle when events interfere with these chores or routines. People may view you as rigid about certain things and try to get you to change, because they don't understand that your process is important to you. You may look at the way other people do things and be perplexed as to why they would want to do it differently than you do. You feel your defined Ajna knows the perfect way to do it and many times it does.

#### **Throat**

You have a defined and motorized Throat Center. You have consistent energy to speak and your throat is powered by at least one of the motor centers. This helps you create more easily through your communication with others. In group settings you are likely to be recognized before others who are trying to speak. You rarely struggle to feel that your thoughts and ideas are heard. Your voice is strong!

#### **Root**

You have a defined Root Center. Root energy is fueled by adrenaline and this helps you to get things done. As you work through your task lists you will know when enough is enough. The defined Root Center is a pulse motor and is either on or off. When the root is off, there is no energy to push and get things done. It is time to rest. When the root is on, it is as if the clutch is engaged and you are cruising!

#### **Sacral**

You have a defined Sacral Center. You have the most powerful motor in the Human Design system and it is the energy to get things done. The presence of this motor defines you as a Generator or Manifesting Generator. The sacral motor turns on in the morning, runs all day and burns out at night. This energy rises up from your sacral center and has a physical quality to it. Your strategy for health is to get some physical activity each day to burn up any excess energy. As possible, anything from a full workout to a short walk will help you sleep better and feel healthier. While this is mostly true for all types of people, this is especially true for you.





## **YOUR DEFINED CHANNELS**

Your defined channels have distinct characteristics in the way you act or react. Your defined channels will effect the flow of energy to and from the centers they connect with. As the energy flows through it, the expression of that channel's characteristics will be added to the overall expression.

### **Channel of Acceptance** (Gates 17-62)

The energy is this channel brings together opinion and small details. Adding the details to the opinion is what gives it some backbone to stand up and be analyzed. This is the voice of "I think this because of

### **Channel of Mutation** (Gates 3-60)

You have a design that has energy to take a current process and mutate it into a new design. For example, with your studies you are not likely to follow standard routes for degrees. In life you are not likely to feel comfortable in a typical job. You have the energy to take the more mainstream approaches and add your own twist perhaps blending studies or combining tasks.

### **Channel of Charisma** (Gates 34-20)

A design of where thoughts must be deeds, this channel carries lots of energy to "just do it". It has power and charisma, but only in response. This energy can be challenging to the thyroid if not used in alignment with your strategy of waiting to respond.

## YOUR DEFINED GATES

Your defined gates are truly what give you definition. It is the sum of these that defines your centers and determines your type. It is all the individual expressions of each gate that make you who you really are. In this section you can look at each gate and its expression individually. Please remember two things: 1. That this is a high level description of the gate and it is just to give you a flavor of how you may express this energy. 2. That these gate attributes do not work in isolation so as they come together in your design the attributes may mutate or change into something greater or something less.

### Energy distribution: Collective 38% Tribal 23 % Individual 38 %

At a high level there are three main types of energy: collective, tribal and individual. The expression of collective energy is ultimately to benefit the collective, or all of humanity. Tribal energy is focused on what is best for the tribe whether it's family, group, community, race or country. Individual energy is driven to benefit you and it does not really care about anyone else in the tribe or the collective. It is useful to see your energy distribution as you can see if you have a bias toward one type of energy. Most of us have a blend but some people have a concentration. If you have a percentage in one group higher than 55%, then you are going to have a bias. If that is individual, then you are going to care mostly about yourself. If the concentration is tribal, then your concern is for the tribe. And lastly, if it is collective, you will be focused on how you effect all of humanity.

<b>Gate of Caring</b> (# 27)	<b>Gate of Stimulation</b> (# 56)
Caring is nurturing energy and is the need to care and take care of one another. This caring is tribal and is directed toward family, group or team. It is about providing nourishment and protection to preserve the unit.	Stimulation is the energy that brings the ideas and the past events into expression, often through stories. This is the energy of a story teller and is great for teaching and framing information that may be abstract, into cohesive pieces that can be remembered.
<b>Gate of The Game Player</b> (# 28)	<b>Gate of Acceptance</b> (# 60)
The Game Player energy is the struggle for the meaning of life, the struggle to find your divine connection. Through the struggle you become incredibly wise about the meaning of life. The shadow side is the fear that life has no meaning.	To get things started one needs a push or surge of energy. The Gate of Acceptance energy is like a car starting with bursts of surges. Not all tasks are like the 100 yard dash where the path is straight forward. This energy pushes you off the starting line, but not so fast that you can't change your course once you get going.

<b>Gate of Opinions (# 17)</b>	<b>Gate of Formulization (# 4)</b>
In logic there is the question, the hypothesis and then opinions about that hypothesis. This energy of the Gate of Opinions is here to offer its opinions about what will work and what will not. Opinions are necessary to find the best and most logical solution, but they are not always welcome as they often feel personal by nature.	The Gate of Formulization gives you the drive to want to find the answer. Not just any answer but the ONE answer.
<b>Gate of Principles (# 49)</b>	<b>Gate of Listener (# 13)</b>
The Gate of Principles is the energy of principles and revolution. If the activity or behavior is not within the boundaries of the perceived principles, then this energy will push for revolution and change until it falls within the range of the principle.	The Listener is the energy of listening and being open. This energy attracts others to come and share their experiences with you. Sometimes these will be secrets they didn't intend to share, because the energy of this gate evoked their expression.
<b>Gate of The Role of the Self (# 7)</b>	<b>Gate of Ordering (# 3)</b>
The Role of the Self is energy that pushes for leadership. It can take on many flavors like democratic or dictator depending on the situation and the energy supporting it.	The Gate of Ordering is the energy to finish or complete things. When tasks or projects get started they set off in a direction but they do not always have a clear path or a visible resolution. This energy helps to order or organize the solution so it can come to pass.
<b>Gate of Saying Yes (# 29)</b>	<b>Gate of The Spirit of the Self (# 25)</b>
This energy is the drive to say "Yes". It may lead to over commitment, but the energy includes the perseverance to push through where others quit.	The Spirit of the Self is the love of the spirit of the soul within you. This is also the love of the greater Spirit, as in God or the Divine or whatever definition you choose.
<b>Gate of Detail (# 62)</b>	<b>Gate of Mystery (# 61)</b>
The Gate of Detail is the energy of small detail. This is bringing into words what does not have a name. By naming something and assigning scope and details to an object or a concept etc., there is a basis for discussion.	The Gate of Mystery is about reaching to know the unknowable. This energy is about the "why's" in life. It can be about striving to know the answers just for sport. It is about the ability to "know" by just knowing, not thru logic, and trying to understand the Big Picture.

<b>Gate of Power (# 34)</b>	<b>Gate of Power Skills (# 14)</b>
The Gate of Power is the busiest, most capable energy in the chart. This is a design of the multitasker. It carries an enormous amount of power, but only in response. When the 34 is not busy, they are in agony.	Power Skills energy fuels your direction in life. It is in the channel of the beat and is called "Keeper of the Keys". It carries with it an assurance that wealth or the accumulation of material things is guaranteed. This energy is fuel to empower the self.
<b>Gate of Assimilation (# 23)</b>	<b>Gate of The Now (# 20)</b>
Assimilation is the energy of bringing the knowing of something forward and integrating it into expression.	The Gate of the Now is the energy of contemplation and recognition of what deeds should be brought into form.
<b>Gate of Depth (# 48)</b>	<b>Gate of Friction (# 6)</b>
With the Gate of Depth, you tend to do or analyze things in great depth. You look at the size and scope of it all and work it in great detail. You may on occasion struggle with feelings that your work is inadequate due to this drive to do things deeply.	The Gate of Friction is the energy of sexual reproduction and influences when to reproduce, or not. On another level, this energy controls who is allowed in your inner circle and who is an outsider.

## YOUR INCARNATION CROSS

Your incarnation cross made up of the four key gates based on the alignment of the sun and earth in your Human Design. Your incarnation cross gives definition and foundation to your overall energy design and is a cornerstone in your life purpose. Like a snowflake there are many underlying factors within your design that impact exactly how you carry your cross but this gives you another flavor of just how deep Human Design goes.

Of course in order to carry out your incarnation cross you must live your design. This means living consistently with your defined energy and gathering the wisdom through your undefined areas. Living your passions and dreams and not living the influences around you unless they resonate with your soul.

### The Left Angle Cross of Distraction

Cross Gates: 56 60 27 28

You have the ability to draw people's attention away from what they are doing or thinking. This is a great Cross for a comedian or someone trying to help people who are lost. This energy can sometimes be a bit of a problem because it is interruptive and you may receive some negative reactions. It can also be focused inward and result in you distracting yourself from whatever you are doing. Ultimately, you are drawing others to what stimulates you. Use your Human Design type and strategy when distracting and you will find it more welcome and even successful.

### What does the Left Angle mean?

You were born with a left angle cross of incarnation. This means that your life process is about dealing with karma and you need others to fulfill your life destiny. By moving through karmic interactions, both good ones and not so good, you live out your destiny. You are not designed to carry out your life purpose alone.

### Credits:

The material in this report comes from a variety of sources.

Primary source for much of the information comes from the teachings of Ra Uru Hu who encountered "The Voice" in January of 1987.

You can find more information about Ra and his offerings at [JovianArchive.com](http://JovianArchive.com)

Another primary source for information is Karen Curry, a former student of Ra, and my teacher.

You can find more information about Karen and the excellent things she does at [humandesignforeveryone](http://humandesignforeveryone)

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