

YOUR TYPE

Your type is the role you have been asked to play in this lifetime. It represents the general purpose that your energy blueprint is designed to provide. Your type energetically interacts with the rest of humanity in a geometric way. At a high level, it defines whether you are here to do work, to guide and lead, to manifest or to reflect. There are 5 types in the human design system. **Realize that you can manifest successfully and create a life of peace and balance whatever your design, provided you live out your type and follow your strategy.**

Chart Human Design Types

Manifesting Generator

You are a Manifesting Generator. You are here to work. You have been given the design to have that powerful sacral motor churning out energy within you. You are here to work and to do things. You have sustainable energy. It is born each day, runs all day and burns out at night. You have a limited amount of ability to go out and create so be careful not to fool yourself into thinking you are a Manifestor. You have a lot of energy to express, but make sure you do it in response not through pure initiation. There are many types of work. Find work that is inspiring to you.

YOUR STRATEGY

For each of the 5 types in Human Design there is a corresponding strategy. This is all about geometry and interacting properly with the flow of the energy of the universe, you and other beings. It is by following your strategy that you can maximize the positive results and minimize the drawbacks. The universe is energetic and the flow of opportunity and interaction is influenced by type. Strategy is important in every day life, but especially important for major decisions such as changes in your personal relationships, career, or residence. It is also critical to follow your strategy with commitments to projects or any major investment of your time.

Respond, envision, reprocess, inform, act.

You are a Manifesting Generator, but at the heart of it you are a Generator. You have the powerful sacral motor to move you through whatever work or play you choose to do each day. You also have manifesting energy for the initiation of ideas, projects or creations. Because your Generator energy dominates, your key strategy is to respond to things that appear in your reality rather than initiate on your own. This can present frustration at times, because you just want to see your ideas manifested - now! While you do have the ability to initiate on some level, it is by waiting to respond to needs in front of you that you will be most successful.

For example, what you respond to needs to be more direct than an inspiration from something you read or see on TV. Perhaps that is where the idea starts, but then you must experience this inspiration as an immediate need of the world around you. Maybe you see a news clip about natural health on TV and start to think about a new profession. If no one around you is presenting a need for natural health therapies, then this is a sign that you haven't found quite the right inspiration. Or perhaps it's just not time. On the other hand, if multiple people say, "oh yes, I would love for you to help me with my ailments!" and maybe a friend mentions that you would be great as a natural health practitioner, then you have lots of signs giving you a green light!.

When you are responding, make certain the passion is coming from the core of your soul. When you do take initiative, make sure you are informing others of what you are doing, because you have a tendency to just go off and do something leaving others wondering what's going on. As a Manifesting Generator, you can blur the lines between responding and initiating. Beware not to fall into the trap of initiating (manifesting) all the time, because you are not a pure Manifestor. Live this strategy and you can do anything!

YOUR PROFILE

Your profile describes character traits to your personality. Are you social, investigative, experimental, a hermit, projective or a role model. You have two of these defining traits which will influence how all of your actions, expressions and interactions are done. Beyond your type, your profile is the second biggest force in influencing your design. Your profile is derived from two numbers called lines that come from the gates in your sun and your earth. Lines are a subset of the gates of the I'Ching where each gate is divided into 6 lines.

2/4 Hermit/Opportunist

The second line of your profile is a hermit. However, there is a projected social aspect to this part of your profile. So while there is a part of you that needs alone time, there is a part of this energy that projects out to other people and says "Hey this person needs to be called out of their hiding!" Therefore your second line cannot be a successful hermit. There is an important aspect to your need for alone time. It is only in this alone time, only when you are allowed to draw within that you can integrate the happenings around you. Whether this is to absorb and react to interpersonal dynamics or processing some new skill or information that you have learned, you need some down time for integrating this into your being. So take your alone time but accept some invitations too, as you are designed to have this balance of hermitting and going out.

The fourth line in your profile is a social networker with a need for foundation. The 4th line desires the next thing to be lined up before it is ready or willing to move forward. This foundation is based around house, spouse, close friends and career. If it is a job, then you will typically want the offer letter in hand before you resign from your current job. In relationship, you will want at least prospects for a replacement before moving on. 4th line people tend to get stuck in relationship for fear that the replacement won't happen. When faced with the prospect of moving, you are likely to have the next place all lined up before moving out of the current one. As a 4th line profile most of your opportunities for jobs, friends, or significant others will come through your social network. This is how the energy revolves around your design.

YOUR UNDEFINED CENTERS

Your open centers are unlimited in the way they can experience energy for that center. You do not have your own consistent energy for these centers but you can amplify these types of energy from around you. Through these centers you are empathetic to those around you. An undefined Solar Plexus Center can feel the happiness or sadness of another. The undefined Spleen Center can feel ill health. Through this experience of empathy and amplification you are designed to become extremely wise about these centers as you can experience all the shades of the energy coming through.

Map of Centers

Spleen

You have an undefined Spleen Center. You have an unlimited ability to understand intuition. You may experience time in unlimited and undefined ways. You may lose track of time, having 15 minute conversations that last 2 hours. It is likely that you struggle with being on time, either watching the clock like a hawk to ensure timeliness, being extremely early to everything or always being late. You may also be vulnerable to sudden rashes of fear, because this is the center for survival based activities driven by fear. An undefined spleen can be a great asset to a hands on energy worker, drawing on universal energy and amplifying it with your open spleen center. Your immune system has an inconsistent supply of energy and is more vulnerable. As a result, you are likely to be sensitive to everything happening in your body. Sometimes people with undefined spleens can be viewed as hypochondriacs, but in truth, you are just more sensitive to the inner workings of your body.

YOUR DEFINED CENTERS

Your defined centers are the shapes in the chart, the squares the triangles and the diamonds that are colored in. Through these defined centers you have access to your own consistent energy. Because the center is defined, you will experience the energy from each center with a familiar pattern. It may not always be the exact pattern as described, but the description is to give you a flavor of how that energy will come to expression.

Map of Centers

Head

You have a defined Head Center and are in the minority along with only 1/8 of the population. You are here to inspire others and your ideas pour forth, even if you are not aware of this quality. You usually find it easy to stay focused even in a noisy environment. Your ideas may raise questions for you or for others, but you don?t tend to feel pressured to answer them. It is your ideas and inspirations that the other 7/8 of the population is here to work on and manifest.

Ajna

You have a defined Ajna. The Ajna center determines how you store data and how you approach process. With a defined Ajna you may be able to store large amounts of data, sometimes to the extent of overwhelming and trivial detail. The Ajna also controls your approach to process. You have a set way for how you process things and do activities. You may tend to always do chores such as laundry, folding your clothes or your morning routine in a precise manner. You may struggle when events interfere with these chores or routines. People may view you as rigid about certain things and try to get you to change, because they don't understand that your process is important to you. You may look at the way other people do things and be perplexed as to why they would want to do it differently than you do. You feel your defined Ajna knows the perfect way to do it and many times it does.

Throat

You have a defined and motorized Throat Center. You have consistent energy to speak and your throat is powered by at least one of the motor centers. This helps you create more easily through your communication with others. In group settings you are likely to be recognized before others who are trying to speak. You rarely struggle to feel that your thoughts and ideas are heard. Your voice is strong!

G-Identity

You have a defined G-Identity Center. You have a good understanding of who you are and are mostly comfortable with yourself. You know where you're going in many respects, even if you don't know how you'll get there. You may have a good sense of direction and geography. If you are moved off your center, you are able to find your balance and recenter yourself more easily than others.

Heart-Will

You have a defined Heart-Will Center. You have will power to push through resistance to get things done. This is a powerful attribute, but be careful not to overexert your will just to get your way, as this is also the center of the ego. The Will Center is a pulse motor and is either on or off. When it is off, your will power is lacking and you must remember to rest. Honor your time of relaxation or you can damage your heart. Your words carry an energy of "I promise", whether you mean it or not. Be mindful of expectations you set as your defined will power will communicate commitments even if you don't say, "I promise".

Solar Plexus

You have a defined Solar Plexus Center and are an emotional being. The Solar Plexus defines its energy in waves that move from joyful highs to melancholic lows. The emotional solar plexus provides clarity about decisions over time and it is essential that you ride the whole wave to achieve clarity. What feels right when you're at the top of your wave may feel wrong when you're at the bottom. When you are at the bottom of the wave don't look for the reasons, just know that it's a cycle and it will pass. A good strategy for the defined Solar Plexus is to track the cycle of your emotional wave. How long does it last? What makes it worse? What makes it better? It's okay to schedule downtime if you know you are likely to be at the bottom of your wave. It all serves a purpose! There are 3 types of waves and here is a description of yours.

Your emotional Solar Plexus is powered by a collective wave. This wave builds slowly over time toward joy and happiness. At its peak, the energy suddenly stalls and plummets toward sadness and despair sometimes manifesting as fear. The wave then begins to build again so the down side does not last long. The rapid drop on the emotional side can sometimes leave you scratching your head wondering what happened to cause such a change. Know now that it is just a wave and nothing more.

Root

You have a defined Root Center. Root energy is fueled by adrenaline and this helps you to get things done. As you work though your task lists you will know when enough is enough. The defined Root Center is a pulse motor and is either on or off. When the root is off, there is no energy to push and get things done. It is time to rest. When the root is on, it is as if the clutch is engaged and you are cruising!

Sacral

You have a defined Sacral Center. You have the most powerful motor in the Human Design system and it is the energy to get things done. The presence of this motor defines you as a Generator or Manifesting Generator. The sacral motor turns on in the morning, runs all day and burns out at night. This energy rises up from your sacral center and has a physical quality to it. Your strategy for health is to get some physical activity each day to burn up any excess energy. As possible, anything from a full workout to a short walk will help you sleep better and feel healthier. While this is mostly true for all types of people, this is especially true for you.

YOUR DEFINED CHANNELS

Your defined channels have distinct characteristics in the way you act or react. Your defined channels will effect the flow of energy to and from the centers they connect with. As the energy flows through it, the expression of that channel's characteristics will be added to the overall expression.

Channel of Recognition (Gates 30-41)

This is an emotional channel that has an escalator-like wave over time. The energy builds higher and higher towards joy and happiness until it eventually reaches a peak and then plummets towards sadness and despair. It then begins its ascent back towards joy and happiness. This is the initiation of feeling moving into form with emotion and is ultimately expressed through laughter, tears or an emotion in between.

Channel of Abstraction (Gates 47-64)

This is the energy of bringing the abstract pieces into the whole. This energy is the "aha" moment. Moving from confusion to seeing the big picture is what this energy is about.

Channel of The Money Line (Gates 21-45)

The energy in this channel is about control and claiming the abundance associated with it. This energy flows from the Will Center to the Throat Center and is here to take what is yours and express what you have control over.

Channel of The beat (Gates 2-14)

The power of this channel comes from the sacral motor and powers your soul. You have a march to your step and can keep to it! In family, work or other groups you bring the energy to provide resources and allocate them.

Channel of Discovery (Gates 46-29)

This is energy pushing up from the Sacral Center to the G/Identity Center to break through challenges. Sometimes called "succeeding where others fail", it is the energy to persevere and get it done. However, there is always duality and it can occasionally mean to fail where others succeed.

YOUR DEFINED GATES

Your defined gates are truly what give you definition. It is the sum of these that defines your centers and determines your type. It is all the individual expressions of each gate that make you who you really are. In this section you can look at each gate and its expression individually. Please remember two things: 1. That this is a high level description of the gate and it is just to give you a flavor of how you may express this energy. 2. That these gate attributes do not work in isolation so as they come together in your design the attributes may mutate or change into something greater or something less.

Energy distribution: Collective 54% Tribal 12 % Individual 35 %

At a high level there are three main types of energy: collective, tribal and individual. The expression of collective energy is ultimately to benefit the collective, or all of humanity. Tribal energy is focused on what is best for the tribe whether it's family, group, community, race or country. Individual energy is driven to benefit you and it does not really care about anyone else in the tribe or the collective. It is useful to see your energy distribution as you can see if you have a bias toward one type of energy. Most of us have a blend but some people have a concentration. If you have a percentage in one group higher than 55%, then you are going to have a bias. If that is individual, then you are going to care mostly about yourself. If the concentration is tribal, then your concern is for the tribe. And lastly, if it is collective, you will be focused on how you effect all of humanity.

Gate of Power Skills (# 14)	Gate of Recognition of Feelings (# 30)
Power Skills energy fuels your direction in life. It is in the channel of the beat and is called "Keeper of the Keys". It carries with it an assurance that wealth or the accumulation of material things is guaranteed. This energy is fuel to empower the self.	Recognition of Feelings is the energy to recognize feelings that are pushing for change. Once recognized, the emotion to change is conceptualized into action that will relieve the pain or sadness and create real change.
Gate of Contribution (# 8)	Gate of Saying Yes (# 29)
The Gate of Contribution is energy to make a contribution, be an example or do something that makes a statement, often in a big way. This is not contributing to a group effort. This is individual energy and it will contribute to the group by example, so that the collective can say, "Hey look at that, that is the way to do it."	This energy is the drive to say "Yes". It may lead to over commitment, but the energy includes the perseverance to push through where others quit.

Gate of Fixed Rhythms (# 5)	Gate of Listener (# 13)
Fixed Rhythms energy is a mechanical need to have fixed rhythm in your life. Your habits will have an unconscious push to have rhythm. Perhaps you eat at 6 pm and nothing should interfere with that schedule.	The Listener is the energy of listening and being open. This energy attracts others to come and share their experiences with you. Sometimes these will be secrets they didn't intend to share, because the energy of this gate evoked their expression.
Gate of Realizing (# 47)	Gate of Confusion (# 64)
Th energy of the Realizing Gate is to pull the abstract pieces from the complementary gate 64 into a whole cohesive idea in the "AHA!" moment. This is the epiphany and is the creation of a whole concept or process from the abstract, without using logic. Before it was pieces and now it is a whole.	Confusion energy is the abstract. "We have all these little pieces of the puzzle, how do they go together?" You have the ability to identify all the pieces, but may struggle to put it all together. In looking at all the pieces it can be a bit confusing or dizzying.
Gate of Openness (# 22)	Gate of Doubt (# 63)
Openness is the energy to be open as an individual to hear the emotional wishes of the collective. A person with this energy can easily "work a room" if they are in the mood.	Doubt is the energy of logical questioning. It is the first step of analysis in the logic circuit. When the first cell phone was invented, this gate asked the questions, "Is it safe? Will it work? Will people actually use them?" This energy starts the drive to find the answer through logic.
Gate of Alertness (# 44)	Gate of The Fighter (# 38)
Alertness is the energy to look at past patterns, assess current supply and determine proper action to take. The outcome is awareness about what needs to occur to ensure that material needs will be met.	The Fighter is the energy to find out what is worth struggling for. It is about finding meaning in life and, through this process, becoming wise about the struggle to find meaning.
Gate of Contraction (# 41)	Gate of The Hunter/Huntress (# 21)
The Gate of Contraction is the energy of contracting or pulling back. It is an emotional energy of regrouping in preparation for the next expansion.	It is the Hunter/Huntress who controls where you live, what you want and what you eat. This energy has the drive to create or gather material things and wealth.
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Gate of Gatherer (# 45)
The Gatherer energy is about having control of things and allowing others to use those things for a price. Whether it is physical, emotional, or mental this energy seeks reward for allowing others to use what is yours.
Gate of Assimilation (# 23)
Assimilation is the energy of bringing the knowing of something forward and integrating it into expression.
Gate of Leading (# 31)
The Gate of Leading is the voice of the leader. The leadership is only truly successful when properly supported by its complementary gate 7, The Role of the Self.

YOUR INCARNATION CROSS

Your incarnation cross made up of the four key gates based on the alignment of the sun and earth in your Human Design. Your incarnation cross gives definition and foundation to your overall energy design and is a cornerstone in your life purpose. Like a snowflake there are many underlying factors within your design that impact exactly how you carry your cross but this gives you another flavor of just how deep Human Design goes.

Of course in order to carry out your incarnation cross you must live your design. This means living consistently with your defined energy and gathering the wisdom through your undefined areas. Living your passions and dreams and not living the influences around you unless they resonate with your soul.

The Right Angle Cross of Contagion

Cross Gates: 30 29 14 8

Your Cross carries the energy of desire and to experience what you desire. You are the one who tries new things out. It is your impulse. The rest of us benefit by the results of your experience for good or bad. You also carry the energy that wants to say "yes". You may need to manage this tendency, or you will be overwhelmed by all your commitments.

What does the Right Angle mean?

You have a right angle cross of incarnation. Your destiny in this life is your own process and in that sense you are self absorbed. However you can't live life in a vacuum and so throughout this life you are creating karma for good or not so good with all the others you bump into.

Credits:

The material in this report comes from a variety of sources.

Primary soucre for much of the information comes from the teachings of Ra Uru Hu who encountered "The Voice" in January of 1987.

You can find more information about Ra and his offerings at <u>JovianArchive.com</u>

Another primary source for information is Karen Curry, a former student of Ra, and my teacher. You can find more information about Karen and the excellent things she does at <u>humandesignforeveryone</u>

The chart displayed in this report is created from software by Erik Memmert. You can download free trial software to run charts at <u>NewSunWare.com</u>

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