

YOUR TYPE

Your type is the role you have been asked to play in this lifetime. It represents the general purpose that your energy blueprint is designed to provide. Your type energetically interacts with the rest of humanity in a geometric way. At a high level, it defines whether you are here to do work, to guide and lead, to manifest or to reflect. There are 5 types in the human design system. **Realize that you can manifest successfully and create a life of peace and balance whatever your design, provided you live out your type and follow your strategy.**

Chart Human Design Types

Manifesting Generator

You are a Manifesting Generator. You are here to work. You have been given the design to have that powerful sacral motor churning out energy within you. You are here to work and to do things. You have sustainable energy. It is born each day, runs all day and burns out at night. You have a limited amount of ability to go out and create so be careful not to fool yourself into thinking you are a Manifestor. You have a lot of energy to express, but make sure you do it in response not through pure initiation. There are many types of work. Find work that is inspiring to you.

YOUR STRATEGY

For each of the 5 types in Human Design there is a corresponding strategy. This is all about geometry and interacting properly with the flow of the energy of the universe, you and other beings. It is by following your strategy that you can maximize the positive results and minimize the drawbacks. The universe is energetic and the flow of opportunity and interaction is influenced by type. Strategy is important in every day life, but especially important for major decisions such as changes in your personal relationships, career, or residence. It is also critical to follow your strategy with commitments to projects or any major investment of your time.

Respond, envision, reprocess, inform, act.

You are a Manifesting Generator, but at the heart of it you are a Generator. You have the powerful sacral motor to move you through whatever work or play you choose to do each day. You also have manifesting energy for the initiation of ideas, projects or creations. Because your Generator energy dominates, your key strategy is to respond to things that appear in your reality rather than initiate on your own. This can present frustration at times, because you just want to see your ideas manifested - now! While you do have the ability to initiate on some level, it is by waiting to respond to needs in front of you that you will be most successful.

For example, what you respond to needs to be more direct than an inspiration from something you read or see on TV. Perhaps that is where the idea starts, but then you must experience this inspiration as an immediate need of the world around you. Maybe you see a news clip about natural health on TV and start to think about a new profession. If no one around you is presenting a need for natural health therapies, then this is a sign that you haven't found quite the right inspiration. Or perhaps it's just not time. On the other hand, if multiple people say, "oh yes, I would love for you to help me with my ailments!" and maybe a friend mentions that you would be great as a natural health practitioner, then you have lots of signs giving you a green light!.

Human Design Report For Karen Carpenter

When you are responding, make certain the passion is coming from the core of your soul. When you do take initiative, make sure you are informing others of what you are doing, because you have a tendency to just go off and do something leaving others wondering what's going on. As a Manifesting Generator, you can blur the lines between responding and initiating. Beware not to fall into the trap of initiating (manifesting) all the time, because you are not a pure Manifestor. Live this strategy and you can do anything!

YOUR PROFILE

Your profile describes character traits to your personality. Are you social, investigative, experimental, a hermit, projective or a role model. You have two of these defining traits which will influence how all of your actions, expressions and interactions are done. Beyond your type, your profile is the second biggest force in influencing your design. Your profile is derived from two numbers called lines that come from the gates in your sun and your earth. Lines are a subset of the gates of the I'Ching where each gate is divided into 6 lines.

1/3 Investigator/Martyr

The first line of your profile is a foundational investigator. You are a person who will ask a lot of questions. You need to have a solid understanding of the details before you can proceed. This need to understand provides an underlying feeling of comfort. When you understand it all you are comfortable and when you don't there is the nagging drive to find out. If you are learning a new profession, you will get all the books, take as many courses as you can and feel you need to know it all before starting to take clients or customers. If you are planning a trip you will be driven to investigate it in great detail including ways to get there, what to do, places to stay, etc. The 1st line gathers all this information and applies it to themselves. How does this affect me? How does this change what I am going to do? Am I comfortable doing this now that I know all about it?

The third line of your profile is an experimenter. Or we could also call it an experiencer. It is through experimentation and experiences that the 3rd line understands how the world works. You will try things many ways until you get it right for you. With each experiment, you take the results and apply it back to you. So for example: "Well, I went to work on a rainy day without an umbrella, I was cold and wet all day and felt uncomfortable so I will always take an umbrella to work." Time passes. "Ok, I have carried this umbrella to work for 3 months and it has only rained twice and it is inconvenient to be hauling this around. I will only carry the umbrella when it looks like it's going to rain." As a 3rd line you may feel embarrassed or ridiculed by your failed experiments. Remember, this is how you are designed to learn. You are designed to become experts at things so you can advise others. There is no failure for you, it is just part of your experience on the planet.

YOUR UNDEFINED CENTERS

Your open centers are unlimited in the way they can experience energy for that center. You do not have your own consistent energy for these centers but you can amplify these types of energy from around you. Through these centers you are empathetic to those around you. An undefined Solar Plexus Center can feel the happiness or sadness of another. The undefined Spleen Center can feel ill health. Through this experience of empathy and amplification you are designed to become extremely wise about these centers as you can experience all the shades of the energy coming through.

Map of Centers

Solar Plexus

You have an undefined Solar Plexus Center. You can experience emotions in an unlimited fashion. These emotions are generally from people around you, because your own your emotions are steady. If you view yourself as an emotional person, take a look at the people around you as you may be picking up on their emotional waves. Your strategy is to be a screen and acknowledge the emotions you are experiencing, but don't be a sponge and soak them up. If the emotional energy becomes too much, take some alone time to rebalance yourself.

Root

You have an undefined Root Center. You are unlimited in experiencing adrenaline and root energy, but it is inconsistent. At times it may feel as if you are spinning your wheels trying to get things done. You may feel under pressure to complete your task list and struggle to break off your compulsion to work on the never ending list. Many people with hyperactivity and/or ADHD have undefined Root Centers. Your best strategy is to keep the energy around you peaceful and create structure around the tasks before you.

Spleen

You have an undefined Spleen Center. You have an unlimited ability to understand intuition. You may experience time in unlimited and undefined ways. You may lose track of time, having 15 minute conversations that last 2 hours. It is likely that you struggle with being on time, either watching the clock like a hawk to ensure timeliness, being extremely early to everything or always being late. You may also be vulnerable to sudden rashes of fear, because this is the center for survival based activities driven by fear. An undefined spleen can be a great asset to a hands on energy worker, drawing on universal energy and amplifying it with your open spleen center. Your immune system has an inconsistent supply of energy and is more vulnerable. As a result, you are likely to be sensitive to everything happening in your body. Sometimes people with undefined spleens can be viewed as hypochondriacs, but in truth, you are just more sensitive to the inner workings of your body.

YOUR DEFINED CENTERS

Your defined centers are the shapes in the chart, the squares the triangles and the diamonds that are colored in. Through these defined centers you have access to your own consistent energy. Because the center is defined, you will experience the energy from each center with a familiar pattern. It may not always be the exact pattern as described, but the description is to give you a flavor of how that energy will come to expression.

Map of Centers

Head

You have a defined Head Center and are in the minority along with only 1/8 of the population. You are here to inspire others and your ideas pour forth, even if you are not aware of this quality. You usually find it easy to stay focused even in a noisy environment. Your ideas may raise questions for you or for others, but you don?t tend to feel pressured to answer them. It is your ideas and inspirations that the other 7/8 of the population is here to work on and manifest.

Ajna

You have a defined Ajna. The Ajna center determines how you store data and how you approach process. With a defined Ajna you may be able to store large amounts of data, sometimes to the extent of overwhelming and trivial detail. The Ajna also controls your approach to process. You have a set way for how you process things and do activities. You may tend to always do chores such as laundry, folding your clothes or your morning routine in a precise manner. You may struggle when events interfere with these chores or routines. People may view you as rigid about certain things and try to get you to change, because they don't understand that your process is important to you. You may look at the way other people do things and be perplexed as to why they would want to do it differently than you do. You feel your defined Ajna knows the perfect way to do it and many times it does.

Throat

You have a defined and motorized Throat Center. You have consistent energy to speak and your throat is powered by at least one of the motor centers. This helps you create more easily through your communication with others. In group settings you are likely to be recognized before others who are trying to speak. You rarely struggle to feel that your thoughts and ideas are heard. Your voice is strong!

G-Identity

You have a defined G-Identity Center. You have a good understanding of who you are and are mostly comfortable with yourself. You know where you're going in many respects, even if you don't know how you'll get there. You may have a good sense of direction and geography. If you are moved off your center, you are able to find your balance and recenter yourself more easily than others.

Heart-Will

You have a defined Heart-Will Center. You have will power to push through resistance to get things done. This is a powerful attribute, but be careful not to overexert your will just to get your way, as this is also the center of the ego. The Will Center is a pulse motor and is either on or off. When it is off, your will power is lacking and you must remember to rest. Honor your time of relaxation or you can damage your heart. Your words carry an energy of "I promise", whether you mean it or not. Be mindful of expectations you set as your defined will power will communicate commitments even if you don't say, "I promise".

Sacral

You have a defined Sacral Center. You have the most powerful motor in the Human Design system and it is the energy to get things done. The presence of this motor defines you as a Generator or Manifesting Generator. The sacral motor turns on in the morning, runs all day and burns out at night. This energy rises up from your sacral center and has a physical quality to it. Your strategy for health is to get some physical activity each day to burn up any excess energy. As possible, anything from a full workout to a short walk will help you sleep better and feel healthier. While this is mostly true for all types of people, this is especially true for you.

YOUR DEFINED CHANNELS

Your defined channels have distinct characteristics in the way you act or react. Your defined channels will effect the flow of energy to and from the centers they connect with. As the energy flows through it, the expression of that channel's characteristics will be added to the overall expression.

Channel of The Money Line (Gates 21-45)

The energy in this channel is about control and claiming the abundance associated with it. This energy flows from the Will Center to the Throat Center and is here to take what is yours and express what you have control over.

Channel of Abstraction (Gates 47-64)

This is the energy of bringing the abstract pieces into the whole. This energy is the "aha" moment. Moving from confusion to seeing the big picture is what this energy is about.

Channel of Rhythm (Gates 15-5)

Powered by your sacral motor, you are in the rhythm and flow of your energy. While life's bumps and surprises may knock you out of sync, this energy helps you get your swing back quickly. This rhythm can take on the steady beat like the drummer or at times create extreme types of rhythm.

YOUR DEFINED GATES

Your defined gates are truly what give you definition. It is the sum of these that defines your centers and determines your type. It is all the individual expressions of each gate that make you who you really are. In this section you can look at each gate and its expression individually. Please remember two things: 1. That this is a high level description of the gate and it is just to give you a flavor of how you may express this energy. 2. That these gate attributes do not work in isolation so as they come together in your design the attributes may mutate or change into something greater or something less.

Energy distribution: Collective 65% Tribal 19 % Individual 15 %

At a high level there are three main types of energy: collective, tribal and individual. The expression of collective energy is ultimately to benefit the collective, or all of humanity. Tribal energy is focused on what is best for the tribe whether it's family, group, community, race or country. Individual energy is driven to benefit you and it does not really care about anyone else in the tribe or the collective. It is useful to see your energy distribution as you can see if you have a bias toward one type of energy. Most of us have a blend but some people have a concentration. If you have a percentage in one group higher than 55%, then you are going to have a bias. If that is individual, then you are going to care mostly about yourself. If the concentration is tribal, then your concern is for the tribe. And lastly, if it is collective, you will be focused on how you effect all of humanity.

Gate of Fixed Rhythms (# 5)	Gate of Doubt (# 63)
Fixed Rhythms energy is a mechanical need to have fixed rhythm in your life. Your habits will have an unconscious push to have rhythm. Perhaps you eat at 6 pm and nothing should interfere with that schedule.	Doubt is the energy of logical questioning. It is the first step of analysis in the logic circuit. When the first cell phone was invented, this gate asked the questions, "Is it safe? Will it work? Will people actually use them?" This energy starts the drive to find the answer through logic.
Gate of Change (# 35)	Gate of Confusion (# 64)
The Gate of Change is the sense of a need for change. The sense that the wheel needs to turn. It is not a logical next step, but a sense that this is the right direction to go. Like walking around a wheel there will need to be another step and then another step to keep the wheel turning.	Confusion energy is the abstract. "We have all these little pieces of the puzzle, how do they go together?" You have the ability to identify all the pieces, but may struggle to put it all together. In looking at all the pieces it can be a bit confusing or dizzying.

Gate of Gatherer (# 45)	Gate of The Role of the Self (# 7)
The Gatherer energy is about having control of things and allowing others to use those things for a price. Whether it is physical, emotional, or mental this energy seeks reward for allowing others to use what is yours.	The Role of the Self is energy that pushes for leadership. It can take on many flavors like democratic or dictator depending on the situation and the energy supporting it.
Gate of The Hunter/Huntress (# 21)	Gate of Opinions (# 17)
It is the Hunter/Huntress who controls where you live, what you want and what you eat. This energy has the drive to create or gather material things and wealth.	In logic there is the question, the hypothesis and then opinions about that hypothesis. This energy of the Gate of Opinions is here to offer its opinions about what will work and what will not. Opinions are necessary to find the best and most logical solution, but they are not always welcome as they often feel personal by nature.
Gate of Depth (# 48)	Gate of Correction (# 18)
With the Gate of Depth, you tend to do or analyze things in great depth. You look at the size and scope of it all and work it in great detail. You may on occasion struggle with feelings that your work is inadequate due to this drive to do things deeply.	Correction is logical energy to bring about a better way of doing things. This is the guy who invented the bread slicer. This energy is trying to bring joy to life, to save time or avoid mistakes. But correction can feel personal so express it with prudence.
Gate of The Egoist (# 26)	Gate of Principles (# 49)
The Egoist is the gate of the deal maker or the salesman. From this energy can come manipulation and lies, or truth.	The Gate of Principles is the energy of principles and revolution. If the activity or behavior is not within the boundaries of the perceived principles, then this energy will push for revolution and change until it falls within the range of the principle.
Gate of Acceptance (# 60)	Gate of Contraction (# 41)
To get things started one needs a push or surge of energy. The Gate of Acceptance energy is like a car starting with bursts of surges. Not all tasks are like the 100 yard dash where the path is straight forward. This energy pushes you off the starting line, but not so fast that you can't change your course once you get going.	The Gate of Contraction is the energy of contracting or pulling back. It is an emotional energy of regrouping in preparation for the next expansion.

Gate of Realizing (# 47)	Gate of Extremes (# 15)
Th energy of the Realizing Gate is to pull the abstract pieces from the complementary gate 64 into a whole cohesive idea in the "AHA!" moment. This is the epiphany and is the creation of a whole concept or process from the abstract, without using logic. Before it was pieces and now it is a whole.	The Gate of Extremes is energy that expresses itself through extreme rhythms. Whether it be your personal cycle with respect to times you eat, get up and go to sleep or other patterns, the gate of extremes will demand a change from a repetitive cycle after a while. This is also the energy of the love of humanity, the concern for fellow humans and the drive to bring other humans into the flow of life.
Gate of Intuitive Insight (# 57)	
Sometimes called the psychic gate, the Intuitive Insight Gate is about knowing in the now. This gate gives you consistent energy to experience intuition and a knowingness beyond this physical reality.	

YOUR INCARNATION CROSS

Your incarnation cross made up of the four key gates based on the alignment of the sun and earth in your Human Design. Your incarnation cross gives definition and foundation to your overall energy design and is a cornerstone in your life purpose. Like a snowflake there are many underlying factors within your design that impact exactly how you carry your cross but this gives you another flavor of just how deep Human Design goes.

Of course in order to carry out your incarnation cross you must live your design. This means living consistently with your defined energy and gathering the wisdom through your undefined areas. Living your passions and dreams and not living the influences around you unless they resonate with your soul.

The Right Angle Cross of Consciousness

Cross Gates: 63 64 5 35

The energy of your Cross is here to ask questions and examine patterns to find a deeper understanding. Questions like, "Is everything ok with this or is it working itself out?" You are driven to ask the questions from a logical perspective of why we are at a particular place with a certain issue or situation. Your questions call for the answers to help us logically sort it out and make progress.

What does the Right Angle mean?

You have a right angle cross of incarnation. Your destiny in this life is your own process and in that sense you are self absorbed. However you can't live life in a vacuum and so throughout this life you are creating karma for good or not so good with all the others you bump into.

Credits:

The material in this report comes from a variety of sources.

Primary soucre for much of the information comes from the teachings of Ra Uru Hu who encountered "The Voice" in January of 1987.

You can find more information about Ra and his offerings at <u>JovianArchive.com</u>

Another primary source for information is Karen Curry Parker, a former student of Ra, and my teacher.

You can find more information about Karen and the excellent things she does at <u>QuantumHumanDesign</u>

The chart displayed in this report is created from software by Erik Memmert. You can download free trial software to run charts at <u>NewSunWare.com</u>

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