

## **YOUR TYPE**

Your type is the role you have been asked to play in this lifetime. It represents the general purpose that your energy blueprint is designed to provide. Your type energetically interacts with the rest of humanity in a geometric way. At a high level, it defines whether you are here to do work, to guide and lead, to manifest or to reflect. There are 5 types in the human design system. **Realize that you can manifest successfully and create a life of peace and balance whatever your design, provided you live out your type and follow your strategy.** 

### **Chart Human Design Types**

#### **Manifesting Generator**

You are a Manifesting Generator. You are here to work. You have been given the design to have that powerful sacral motor churning out energy within you. You are here to work and to do things. You have sustainable energy. It is born each day, runs all day and burns out at night. You have a limited amount of ability to go out and create so be careful not to fool yourself into thinking you are a Manifestor. You have a lot of energy to express, but make sure you do it in response not through pure initiation. There are many types of work. Find work that is inspiring to you.

## YOUR STRATEGY

For each of the 5 types in Human Design there is a corresponding strategy. This is all about geometry and interacting properly with the flow of the energy of the universe, you and other beings. It is by following your strategy that you can maximize the positive results and minimize the drawbacks. The universe is energetic and the flow of opportunity and interaction is influenced by type. Strategy is important in every day life, but especially important for major decisions such as changes in your personal relationships, career, or residence. It is also critical to follow your strategy with commitments to projects or any major investment of your time.

#### Respond, envision, reprocess, inform, act.

You are a Manifesting Generator, but at the heart of it you are a Generator. You have the powerful sacral motor to move you through whatever work or play you choose to do each day. You also have manifesting energy for the initiation of ideas, projects or creations. Because your Generator energy dominates, your key strategy is to respond to things that appear in your reality rather than initiate on your own. This can present frustration at times, because you just want to see your ideas manifested - now! While you do have the ability to initiate on some level, it is by waiting to respond to needs in front of you that you will be most successful.

For example, what you respond to needs to be more direct than an inspiration from something you read or see on TV. Perhaps that is where the idea starts, but then you must experience this inspiration as an immediate need of the world around you. Maybe you see a news clip about natural health on TV and start to think about a new profession. If no one around you is presenting a need for natural health therapies, then this is a sign that you haven't found quite the right inspiration. Or perhaps it's just not time. On the other hand, if multiple people say, "oh yes, I would love for you to help me with my ailments!" and maybe a friend mentions that you would be great as a natural health practitioner, then you have lots of signs giving you a green light!.

#### Human Design Report For Whitney Houston

When you are responding, make certain the passion is coming from the core of your soul. When you do take initiative, make sure you are informing others of what you are doing, because you have a tendency to just go off and do something leaving others wondering what's going on. As a Manifesting Generator, you can blur the lines between responding and initiating. Beware not to fall into the trap of initiating (manifesting) all the time, because you are not a pure Manifestor. Live this strategy and you can do anything!

# **YOUR PROFILE**

Your profile describes character traits to your personality. Are you social, investigative, experimental, a hermit, projective or a role model. You have two of these defining traits which will influence how all of your actions, expressions and interactions are done. Beyond your type, your profile is the second biggest force in influencing your design. Your profile is derived from two numbers called lines that come from the gates in your sun and your earth. Lines are a subset of the gates of the I'Ching where each gate is divided into 6 lines.

### 4/6 Opportunist/Role Model

The fourth line in your profile is a social networker with a need for foundation. The 4th line desires the next thing to be lined up before it is ready or willing to move forward. This foundation is based around house, spouse, close friends and career. If it is a job, then you will typically want the offer letter in hand before you resign from your current job. In relationship, you will want at least prospects for a replacement before moving on. 4th line people tend to get stuck in relationship for fear that the replacement won't happen. When faced with the prospect of moving, you are likely to have the next place all lined up before moving out of the current one. As a 4th line profile most of your opportunities for jobs, friends, or significant others will come through your social network. This is how the energy revolves around your design.

The sixth line of your profile lives out 3 different life stages. From birth to about 28.5 years the 6th line profile is prone to experimentation, (similar to a 3rd line profile). You take the results of your experimentation and experiences and try to internalize them. In an attempt to become wise, you sort through what works and what doesn't work and how it has affected you. From age 28.5 to age 50 the 6th line withdraws. There is a realization that the experimentation didn't really work for you and during this period of your life it is said that "you go up on the roof." It is sort of an aloof observational period where you look outward at the world to figure out how things really do work. You look at how other people do things and use their examples of what works and what doesn't work to figure out what works for you. Around age 50 the 6th line profile comes off the roof and moves into the role model phase of life. You have tried things your first 28 years and you have observed things for the next 22 years, now you are wise and ready to step in the role of mentor or role model. You are a passive role model not aggressive. People will seek you out for your expertise, help and advice. You will get involved only when you deem it to be a worthy cause for those who are asking as well as for you.

# YOUR UNDEFINED CENTERS

Your open centers are unlimited in the way they can experience energy for that center. You do not have your own consistent energy for these centers but you can amplify these types of energy from around you. Through these centers you are empathetic to those around you. An undefined Solar Plexus Center can feel the happiness or sadness of another. The undefined Spleen Center can feel ill health. Through this experience of empathy and amplification you are designed to become extremely wise about these centers as you can experience all the shades of the energy coming through.

### Map of Centers

Head

You have an undefined Head Center. Along with 7/8 of the population, you are unlimited in how you experience ideas and inspirations. You may lose your focus with your own ideas, especially when influenced by other people. For example, it could be a struggle to find something you really want when looking at a menu in a crowded restaurant, well it all looks good! Make sure the ideas and inspirations you embrace and work with are your own and feel right over a period of time. You may come under pressure to find the answer to questions. This can include anything from "what was the name of that actor?" to "what do I want to do with my life?" Make sure the questions you are answering are a priority for you and not someone else in your life. Are you still trying to answer other peoples' questions?

### **Heart-Will**

You have an undefined Heart-Will Center. You are unlimited in the way you experience will power, but are inconsistent with this energy and may lack the ability to get things done by pushing through with your will. You can increase your will power by amplifying someone else's will power energy, but the better option is to succeed by using your Human Design type and strategy. This is also the center of the ego and you may occasionally suffer from feeling unworthy. You may struggle to value your contributions and charge a fair amount for your services. If you're overexerting your will power, the question to ask yourself is, "What am I trying to prove?" You are here to be truly wise about what's valuable and to show others that there are more effective ways to manifest than by pushing with will alone.

#### Solar Plexus

You have an undefined Solar Plexus Center. You can experience emotions in an unlimited fashion. These emotions are generally from people around you, because your own your emotions are steady. If you view yourself as an emotional person, take a look at the people around you as you may be picking up on their emotional waves. Your strategy is to be a screen and acknowledge the emotions you are experiencing, but don't be a sponge and soak them up. If the emotional energy becomes too much, take some alone time to rebalance yourself.

Root

You have an undefined Root Center. You are unlimited in experiencing adrenaline and root energy, but it is inconsistent. At times it may feel as if you are spinning your wheels trying to get things done. You may feel under pressure to complete your task list and struggle to break off your compulsion to work on the never ending list. Many people with hyperactivity and/or ADHD have undefined Root Centers. Your best strategy is to keep the energy around you peaceful and create structure around the tasks before you.

### Spleen

You have an undefined Spleen Center. You have an unlimited ability to understand intuition. You may experience time in unlimited and undefined ways. You may lose track of time, having 15 minute conversations that last 2 hours. It is likely that you struggle with being on time, either watching the clock like a hawk to ensure timeliness, being extremely early to everything or always being late. You may also be vulnerable to sudden rashes of fear, because this is the center for survival based activities driven by fear. An undefined spleen can be a great asset to a hands on energy worker, drawing on universal energy and amplifying it with your open spleen center. Your immune system has an inconsistent supply of energy and is more vulnerable. As a result, you are likely to be sensitive to everything happening in your body. Sometimes people with undefined spleens can be viewed as hypochondriacs, but in truth, you are just more sensitive to the inner workings of your body.

# YOUR DEFINED CENTERS

Your defined centers are the shapes in the chart, the squares the triangles and the diamonds that are colored in. Through these defined centers you have access to your own consistent energy. Because the center is defined, you will experience the energy from each center with a familiar pattern. It may not always be the exact pattern as described, but the description is to give you a flavor of how that energy will come to expression.

### Map of Centers

Ajna

You have a defined Ajna. The Ajna center determines how you store data and how you approach process. With a defined Ajna you may be able to store large amounts of data, sometimes to the extent of overwhelming and trivial detail. The Ajna also controls your approach to process. You have a set way for how you process things and do activities. You may tend to always do chores such as laundry, folding your clothes or your morning routine in a precise manner. You may struggle when events interfere with these chores or routines. People may view you as rigid about certain things and try to get you to change, because they don't understand that your process is important to you. You may look at the way other people do things and be perplexed as to why they would want to do it differently than you do. You feel your defined Ajna knows the perfect way to do it and many times it does.

### Throat

You have a defined and motorized Throat Center. You have consistent energy to speak and your throat is powered by at least one of the motor centers. This helps you create more easily through your communication with others. In group settings you are likely to be recognized before others who are trying to speak. You rarely struggle to feel that your thoughts and ideas are heard. Your voice is strong!

### **G-Identity**

You have a defined G-Identity Center. You have a good understanding of who you are and are mostly comfortable with yourself. You know where you're going in many respects, even if you don't know how you'll get there. You may have a good sense of direction and geography. If you are moved off your center, you are able to find your balance and recenter yourself more easily than others.

#### Sacral

You have a defined Sacral Center. You have the most powerful motor in the Human Design system and it is the energy to get things done. The presence of this motor defines you as a Generator or Manifesting Generator. The sacral motor turns on in the morning, runs all day and burns out at night. This energy rises up from your sacral center and has a physical quality to it. Your strategy for health is to get some physical activity each day to burn up any excess energy. As possible, anything from a full workout to a short walk will help you sleep better and feel healthier. While this is mostly true for all types of people, this is especially true for you.

# YOUR DEFINED CHANNELS

Your defined channels have distinct characteristics in the way you act or react. Your defined channels will effect the flow of energy to and from the centers they connect with. As the energy flows through it, the expression of that channel's characteristics will be added to the overall expression.

Channel of Charisma (Gates 34-20)

A design of where thoughts must be deeds, this channel carries lots of energy to "just do it". It has power and charisma, but only in response. This energy can be challenging to the thyroid if not used in alignment with your strategy of waiting to respond.

Channel of The Prodigal (Gates 33-13)

This channel is the energy to tell the story of the witness. It is the energy to unleash the secrets where the motive is to share the wisdom for all to hear. This is the voice of experience where the experience is shared via stories.

Channel of Acceptance (Gates 17-62)

The energy is this channel brings together opinion and small details. Adding the details to the opinion is what gives it some backbone to stand up and be analyzed. This is the voice of "I think this because of

# **YOUR DEFINED GATES**

Your defined gates are truly what give you definition. It is the sum of these that defines your centers and determines your type. It is all the individual expressions of each gate that make you who you really are. In this section you can look at each gate and its expression individually. Please remember two things: 1. That this is a high level description of the gate and it is just to give you a flavor of how you may express this energy. 2. That these gate attributes do not work in isolation so as they come together in your design the attributes may mutate or change into something greater or something less.

### Energy distribution: Collective 31% Tribal 35 % Individual 35 %

At a high level there are three main types of energy: collective, tribal and individual. The expression of collective energy is ultimately to benefit the collective, or all of humanity. Tribal energy is focused on what is best for the tribe whether it's family, group, community, race or country. Individual energy is driven to benefit you and it does not really care about anyone else in the tribe or the collective. It is useful to see your energy distribution as you can see if you have a bias toward one type of energy. Most of us have a blend but some people have a concentration. If you have a percentage in one group higher than 55%, then you are going to have a bias. If that is individual, then you are going to care mostly about yourself. If the concentration is tribal, then your concern is for the tribe. And lastly, if it is collective, you will be focused on how you effect all of humanity.

| Gate of Higher Knowledge (# 2)   | Gate of The Role of the Self (# 7)   |
|--|--|
| Higher Knowledge is the energy of the driver of<br>the self and moves your soul forward. The irony<br>with this energy is that while you may have little<br>awareness of your own direction, you are a great<br>guide to others. | The Role of the Self is energy that pushes for<br>leadership. It can take on many flavors like<br>democratic or dictator depending on the situation<br>and the energy supporting it.   |
| Gate of Self-Expression (# 1)  | Gate of Listener (# 13)  |
| Self-Expression is the gate of the creative self.<br>This energy wants to create in a big way and with<br>a unique style. This creation energy is<br>determined to draw attention to oneself.                                    | The Listener is the energy of listening and being<br>open. This energy attracts others to come and<br>share their experiences with you. Sometimes<br>these will be secrets they didn't intend to share,<br>because the energy of this gate evoked their<br>expression. |

| Gate of Power (# 34)   | Gate of Shock (# 51)  |
|--|---|
| The Gate of Power is the busiest, most capable<br>energy in the chart. This is a design of the<br>multitasker. It carries an enormous amount of<br>power, but only in response. When the 34 is not<br>busy, they are in agony.   | The name of this gate says it all - Shock. People<br>with this energy tend to come out with shocking<br>statements or actions. Sometimes it may be<br>subtle and at other times quite dramatic. Either<br>way, this energy is trying to shock others into<br>connection with the greater sense of Spirit, God<br>or the Divine. |
| Gate of Detail (# 62)  | Gate of Beginnings (# 53)   |
| The Gate of Detail is the energy of small detail.<br>This is bringing into words what does not have a<br>name. By naming something and assigning scope<br>and details to an object or a concept etc., there is<br>a basis for discussion.  | Beginnings is the gate of getting things started.<br>This energy contains potential to mutate since<br>sometimes, to get things started, you need to<br>mutate the process.   |
| Gate of Mystery (# 61)   | Gate of Ambition (# 54)   |
| The Gate of Mystery is about reaching to know<br>the unknowable. This energy is about the "why's"<br>in life. It can be about striving to know the<br>answers just for sport. It is about the ability to<br>"know" by just knowing, not thru logic, and<br>trying to understand the Big Picture. | Ambition is the gate of big ambitions. You like to<br>do things in a big or grand way. Perhaps over the<br>top?   |
| Gate of The Now (# 20)   | Gate of Aloneness (# 40)  |
| The Gate of the Now is the energy of contemplation and recognition of what deeds should be brought into form.  | Aloneness energy is part of the channel of<br>community, yet this is the lonely side. This is the<br>energy of being separate from the group or the<br>family.  |
| Gate of Privacy (# 33)   | Gate of Correction (# 18)   |
| Privacy is the energy to retreat and reflect on<br>experiences and events before moving on. Before<br>this energy can be expressed, there must be a<br>period of time to retreat and collect thoughts in<br>order to structure them into a cohesive<br>expression or story.                      | Correction is logical energy to bring about a<br>better way of doing things. This is the guy who<br>invented the bread slicer. This energy is trying to<br>bring joy to life, to save time or avoid mistakes.<br>But correction can feel personal so express it with<br>prudence.   |

| Gate of Opinions (# 17)   | Gate of Principles (# 49)  |
|---|--|
| In logic there is the question, the hypothesis and<br>then opinions about that hypothesis. This energy<br>of the Gate of Opinions is here to offer its<br>opinions about what will work and what will not.<br>Opinions are necessary to find the best and most<br>logical solution, but they are not always welcome<br>as they often feel personal by nature. | The Gate of Principles is the energy of principles<br>and revolution. If the activity or behavior is not<br>within the boundaries of the perceived principles,<br>then this energy will push for revolution and<br>change until it falls within the range of the<br>principle. |
| Gate of Sexuality (# 59)  | Gate of Alertness (# 44)   |
| Sexuality is the gate of seduction and the<br>gateway to the sacral sexual power. This will<br>often be the energy and drive to sexually<br>reproduce. It can be the energy of coming<br>together in an intimate way in a non-sexual<br>relationship.   | Alertness is the energy to look at past patterns,<br>assess current supply and determine proper<br>action to take. The outcome is awareness about<br>what needs to occur to ensure that material<br>needs will be met.   |

# YOUR INCARNATION CROSS

Your incarnation cross made up of the four key gates based on the alignment of the sun and earth in your Human Design. Your incarnation cross gives definition and foundation to your overall energy design and is a cornerstone in your life purpose. Like a snowflake there are many underlying factors within your design that impact exactly how you carry your cross but this gives you another flavor of just how deep Human Design goes.

Of course in order to carry out your incarnation cross you must live your design. This means living consistently with your defined energy and gathering the wisdom through your undefined areas. Living your passions and dreams and not living the influences around you unless they resonate with your soul.

### The Right Angle Cross of the Sphinx 3

Cross Gates: 7 13 2 1

As the Cross of the sphinx you bring leadership to guide and direct as your energy supports vision for the future. This is probably the most active Cross of seeking leadership, but the drive for leadership in you will depend on your profile and the rest of your chart's composition. Fundamentally, you have the design to look at past patterns and project where they are moving to. This is your greatest asset to bring forth in your leadership.

### What does the Right Angle mean?

You have a right angle cross of incarnation. Your destiny in this life is your own process and in that sense you are self absorbed. However you can't live life in a vacuum and so throughout this life you are creating karma for good or not so good with all the others you bump into.

## **Credits:**

The material in this report comes from a variety of sources.

Primary soucre for much of the information comes from the teachings of Ra Uru Hu who encountered "The Voice" in January of 1987.

You can find more information about Ra and his offerings at <u>JovianArchive.com</u>

Another primary source for information is Karen Curry Parker, a former student of Ra, and my teacher.

You can find more information about Karen and the excellent things she does at <u>QuantumHumanDesign</u>

The chart displayed in this report is created from software by Erik Memmert. You can download free trial software to run charts at <u>NewSunWare.com</u>

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